**Community Inclusion Forum**

**Agenda & Minutes**

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| **Title of Meeting:** | Bury and Central Community Inclusion Forum |
| **Date:** | 27/06/2024 |
| **Place:** | Thurston Primary School |
| **Times:** | 4pm-5:30pm |
| **Attendees:** | **Chairs** Jamie Hudson (WSI) and Kate Fieldhouse (P&TS EP)**Minutes** Jamie Hudson (WSI)Nikki Prentice (SEMH)Lesa Lee (SEMH)Alex Baker (SLCN)Jane Albery (C&I)Lisa Gudgin (C&L)Lucy McCarthy (SpLD)Jake Jackson (P&TS EP)Rachel Sawyer (P&TS EP)Natasha Mead (P&TS)Jenny Baskett (SES)Zoe Bennett (Inclusion Facilitator)**School attendees**Amy Healy, Debenham High SchoolSharon Dade, Sebert Wood Primary SchoolAmanda O’Neil, West Suffolk CollegeHelen Fuller, Combs Ford Primary,Carol Sturman, Elmswell PrimaryRachel Orton, StowmarketAdam Scarfe, St Benedict’s High SchoolCharlotte Atwell, Guildhall Feoffment PrimaryClaire Richardson Trinity CEVAP Jason Jarvill, Westgate CP SchoolAngela Thomas, Mendlesham and Bacton,Gill Watson, Bardwell, Gislingham, Old Newton, Crawfords, Palgrave Primary SchoolsRaksha Chohan-Jones – Tollgate PrimaryLouise McGregor, Thurston Primary Academy |
| **Apologies** | Sharn Warrne, Abbots GreenCassie Bergin Sybil AndrewsLiz Ashwood, Hartismere SchoolKaty Farrow, King Edwards VI SchoolMarie Miller, Family Support |

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| **Topic** | **Main Points** | **To action** |
| Matters Arising from the Previous CIF | * Reviewed last time’s priorities.
* Jamie reminded the CIF about how to access previous meeting minutes, presentations and resources <https://suffolklearning.com/inclusion/community-inclusion-forums/>
* Transition Pledge updated was provided by Rachel Sawyer.
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| **Delivering Better Value** |
| Jamie shared information regarding the “Delivering Better Value” project currently being implemented by the LA. For more information see PowerPoint or email below.DBV@Suffolk.gov.uk  |
| **CHIME research project** | Samuel Williams |
| * Samuel introduced the Autism CHIME study from the Autism Research Centre based in Cambridge.
* CHIME studies are seeking Pupils between 7-11Yrs of age that have a diagnosis of ASD to take part in a Music therapy research project.
* The project is free of charge and selected Pupils will receive 2 x 30 minutes Music Therapy session per week for 12 weeks.
* For further information email Samuel sw2145@cam.ac.uk
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| An Introduction to Developing a Calming Menu and Strategies to Support Self-Regulation | Jane Albery & Jenny Basket C&I Team |
| * Definition of Self-regulation introduced.
* Introduction to the Window of Tolerance.
* Emotional Regulation strategy (Zones) was introduced as a Whole School Universal Provision as well as a targeted support strategy. There was reference to the additional resources in the accompanying book – “How big is the problem”, “Zone mapping” and the “Zones toolbox”.
* Information regarding Interoception was shared including toolkits from Australia – Interoception Activity Guide 301
* Sensory Ladders were introduced – further training available from You tube and website.
* The International Rescue Committee “Healing Classrooms” programme was introduced by Agela Thomas (Bacton & Mendlesham)

See attached PowerPoint for presentation and resources.[Interoception Guide 301](https://www.education.sa.gov.au/docs/support-and-inclusion/student%2C-health-and-disability-support/interoception-301-activity-guide.pdf)<https://sensoryladders.org/> <https://www.rescue.org/uk/irc-uks-healing-classrooms>  |
| EBSA | Rachel Sawyer, Educational Psychologist rachel.sawyer@suffolk.gov.uk |
| * Definition of EBSA introduced.
* “Push & Pull” factors of EBSA including the “Anxiety Cycles introduced”.
* The “SPIRAL” principles were introduced.
* The importance of Pupil and Home Voice was discussed.
* “How can school support” – EBSA plan resource was introduced.

See attached PowerPoint for presentation and resources. |
| **Focus for next meeting** | If SENCo’s would like a particular topic covered in the next term please email Jamie.hudson@suffolk.gov.uk  |
| **Venue for next meeting** | Jamie shared the dates for the CIFs in 2024-25.Start times will now be 1:30pm with venues to be confirmed. |
| **Feedback form** | Please fill in this short feedback form about the Community Inclusion Forums if you haven’t already <https://forms.office.com/e/ANL4kHMAvQ> |