**Community Inclusion Forum**

**Minutes**

|  |  |
| --- | --- |
| **Title of Meeting:** | Coastal Community Inclusion Forum |
| **Date:** | Wednesday 20th March 2024 | **Time:** | 4pm-5:30pm main meeting |
| **Place:** | Wickham Market Primary School |
| **Chair:** | Maria Hough & Jemma Carter  |
| **Attendees:** | Tracey Ling, Family SupportGeorgia Hampton P&TS APHolly Robertson, Lead P&TSJessica Astley-Marr, P&TS TEPLouise White, SES C&LRae Twelftree, SES SEMHStacey Banthorpe, SES SLCNAnji Rico, SES SPLDEmma Potter, P&TSEmily Smith, P&TS**School attendees**Penny Benstock, Saxmundham PrimaryClare Cooper, Sir Robert Hitchams CEVAP SchoolJames Day, Thomas Mills High SchoolSamantha Ross, Trimley St Martin PrimarySally Smith, Trimley St Mary PrimaryJo Harris and Claire Pestell, Wickham Market Primary SchoolClaire Wills, Alde Valley AcademyNancy Darke, Bawdsey PrimaryAmy Ward, Cedarwood PrimarySally East, Charsfield C of E PrimaryKathy Spurgeon, Fairfield Infant SchoolKate Sudell, Langer PrimaryEmma Dickson, Bedfield Primary |
| **Apologies** | Theresa Elder, Hollesley and Waldringfield PrimaryDebbie Scurrell, Rendlesham Primary |

|  |  |
| --- | --- |
| **Topic:** | **Lead by:** |
| NetworkingWelcome and IntroductionsIntroducing Jemma Carter (Specialist Senior Educational Psychologist Trauma, Loss and Bereavement) who will be supporting Coastal CIFs.  |
| **Delivering Better Value, Raising Achievement in Suffolk Programme** | **Anji Rico** |
| * The LA is currently looking for volunteering schools (Primary and Secondary) to take part in research-based intervention pilot studies (DBV) for the full 12 weeks.

See PowerPoint (attached in e-mail) for further details.  |
| **Universal Offer SEMH** | **Rae Twelftree** |
| * The remit of the SES SEMH team is to support pupil / school needs in mainstream. SES are not mental health specialists and can only signpost to appropriate mental health support.

**Please see powerpoint attached** **Q: What do schools use to assess learning?**Feedback from group:SLCN – Language Link, Dyslexia Screening, WellComm, BPVS, Phab, Sandwell, HAST spelling **What do schools use to assess SEMH / Relationships / Social?**Feedback from group:Talkabout / SDQ’s / Thrive / SNAP B / Sensory Screener / Boxall / ELSA **Question from group: Could there be a menu? Recommended list of assessments? LA produced?****More SEMH universal support strategies are covered in Essentials Training:**[**SES CPD Training (openobjects.com)**](https://search3.openobjects.com/mediamanager/suffolk/enterprise/files/ses_cpd_offer_2023-24.pdf)**Targeted Training also available - £20**  |
| **Wellbeing in schools** | **Jemma Carter**  |
| **Why are we talking about staff wellbeing?*** Teaching professionals report high levels of stress, depression, and anxiety.

**Wellbeing & Stress:*** Positive, Tolerable, Toxic stress
* The stress bucket - helpful and unhelpful strategies to cope with stress.

**Protective factor models of resilience:*** who & what is around us and how they support.
* **Connection** is the biggest protective factor for wellbeing and resilience (friends, families, workplaces, schools etc)

**The 5 ways to mental wellbeing model:*** connect, be active, take notice, keep learning, give

Staff and wellbeing Audit Tool shared with group. **Resources** Wellbeing in EducationEducation support – accessible for all school staff, 24-hour support, accredited counselling support **See PowerPoint (attached in e-mail) for more wellbeing resources and links.**  |
| **Solution Circle update and information** | **Jemma Carter** |
| * Reminder of Solution Circles – Stage 2 (sits alongside ISM’s, AANT) – they are intended to be an early intervention consultation.
* Coastal Solution Circles – currently 6 primary schools and 2 secondary schools booked (Jan-June) out of 27 possible places. Further slots available 1/5, 15/5, 12/6, 26/6.
* Several professionals are available at a Solution Circle (including health).
 | **Q: Are there barriers to schools accessing Solution Circles?** Feedback from group:* They are intense – no thinking time built in (you have to be prepared).
* ISMs are effective, we often don’t need to escalate to Solution Circle.
* Some SENDCos are unsure of **when** to access the Solution Circle and think it is a ‘last resort.’
* Availability – significant wait time in the past.
 |
| **Choose focus of next CIF** |  |
| * In school assessments – working together to develop a list of recommended / effective assessments. Schools to bring assessments to share at next meeting.
* Annual Review paperwork / process of ‘specialist appropriate’ Y6 pupils transitioning to high school – EHCP advice around naming schools. Request Family Services to attend next meeting.
* Supporting pupils with complex needs (specialist appropriate) – how to provide the best support for these pupils. Inviting representatives from the hubs?
 |
| **Next meeting – 08/05/2024 – to be held at Wickham Market Primary School** |
| Please fill in this short feedback form about the Community Inclusion Forums if you haven’t already <https://forms.office.com/e/ANL4kHMAvQ> |