

## Step by step - for Key Person



Engage with the parent/carer(s) you have selected for the programme and begin to develop a trusting relationship through informal chats.

Share the Aims of Grow my Child and the Early Years Development Information Leaflet with the parent(s) and encourage the parent(s) to share their thoughts on participating and give their consent.

Develop actions with the parent (s) based on the parent's wishes and the prompts on the Action Plan, around supporting their child to make progress and developing their own knowledge and confidence.

Share the 'Play Experiences to try at home' leaflet with the parent(s) and decide which activities they would be able to do with their child, as part of their planned actions.

Support the parent/carer(s) over a period of 12 weeks to learn about their child's development and help them make progress through playing and engaging with them at home.

Towards the end of the 12 weeks review the actions on the Action Plan with the parent(s).

Continue with supporting the parent/carer(s) for the remainder of the 12 weeks or until the parents feel confident to continue independently. Ask them to complete the Parent/carer's Evaluation.