**Community Inclusion Forum**

**Agenda & Minutes**

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| **Title of Meeting:** | West Suffolk Community Inclusion Forum |
| **Date:** | 24th January 2024 |
| **Place:** | Lakenheath Primary School |
| **Times:** | 4:00-5:30pm |
| **Attendees:** | **Chair:** Catherine Fraser-Andrew WSI**Minutes:** Jamie Hudson WSIJill Griffiths Senior EPLysandra Sinclaire-Harding EPReni Landor EPSusan Hunter EPAmy Web SESRachel Christmas SESTracey Pilgrim SESPete Southerill Forest Heath Family Support**Schools**Long MelfordCastle ManorExning All SaintsSt Mary’sBeck RowForest AcademySt Christopher’sBrecklandLavenham |
| **Apologies** | Sarah Donnelly, Glemsford Primary SchoolAngela Chappell, Nayland Primary SchoolHazel Fielder, Acton Primary SchoolAbigail Baker, Newmarket AcademyRebecca Buckle, West Row AcademyKate Gregory, SES C&LMaria Stephens-Row, School Nursing TeamLindsay Eichberger, School Nursing Team |

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| **Topic** | **Main Points** | **To action** |
| **Introduction and welcome** | Introduced by Catherine and Jill Purpose of CIFs |
| **Feedback from the last forum** **Review minutes** | * Commitment to pupils
* Promoting send
* Supporting relationships with SES
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| **Workshop:** ‘Therapy vs Therapeutic’ empowering staff and removing barriers to therapeutic approaches.  | Aims: to empower you to validate the existing therapeutic practice you offer:Introduced by Tracey, Jill & Reni* Mapping provision for supporting pupils with Trauma.
* Continuum of Need – explanation
* Power Threat meaning framework – a brief introduction.
* Trauma responsive classroom
 | * Dr Karen Treisman – “every interaction is an intervention”.

Examples* Universal approach – PACE
* Targeted approach - manualised therapy “Think good feel good” Paul Stallard
* Bespoke therapy - cognitive behavioural therapy)
* “The Power Threat Meaning Framework by Lucy Johnstone and Mary Boyle
* <https://edpsy.org.uk/blog/2023/using-the-applied-trauma-responsive-classroom-observation-schedule/>
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| **Networking opportunity:** Focussed group discussion about sharing good practice in meeting the needs of children with SEMH needs. | Introduced by Catherine:* An opportunity for SENCOs to network and share good practice in meeting the needs of pupils with SEMH
 | Examples:* Zones of Regulation <https://zonesofregulation.com/>
* OPAL <https://outdoorplayandlearning.org.uk/>
* Forest Schools <https://forestschoolassociation.org/what-is-forest-school/>
* Thrive <https://www.thriveapproach.com/>
* ELSA <https://www.elsa-support.co.uk/>
* Meet and Greets
* Developing toolkits and resilience
* Creating a class identity
* Drawing and talking <https://drawingandtalking.com/>
* Talk and Play <https://speechandlanguage.org.uk/talk-and-play/>
* Buddy benches
* Peer mediators
* Daily mile
* Dedicated staff wellbeing days
* Supervision for staff
* [Observing Children with Attachment Difficulties in School - Kim S. Golding (kimsgolding.co.uk)](https://kimsgolding.co.uk/publication/observation-checklist-series/observing-children-attachment-difficulties-school/)
* [Observing Adolescents with Attachment Difficulties in Educational Settings - Kim S. Golding (kimsgolding.co.uk)](https://kimsgolding.co.uk/publication/observation-checklist-series/observing-adolescents-attachment-difficulties-educational-settings/)
* [The Simple Guide to Attachment Difficulties in Children by Betsy de Thierry, Emma Reeves | Waterstones](https://www.waterstones.com/book/the-simple-guide-to-attachment-difficulties-in-children/betsy-de-thierry/emma-reeves/9781785926396)
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| **Update on the current Mental Health Offer.**  | Therapeutic approaches at school level.Introduced by Matt Pull | Slides from this presentation can be found online at [Community Inclusion Forums – Suffolk Learning](https://suffolklearning.com/inclusion/community-inclusion-forums/) |
| **Topics for future:** | Introduced by Catherine: | * “To VSEND or not to VSEND”
* Creating a shared vision for send across Suffolk
* Update from Family Services including advice and guidance.
* Easy wins for class teachers in supporting SEND
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| **Venue for next meeting** | Castle Manor Academy, 48 Eastern Avenue, Haverhill, CB9 9JEWednesday 20th March. 3.45 arrival for 4pm start, finish by 5.30pm |
| Please fill in this short feedback form about the Community Inclusion Forums if you haven’t already <https://forms.office.com/e/ANL4kHMAvQ> |