A logo for a specialist education services

Description automatically generatedA group of blue people in a circle

Description automatically generated**Community Inclusion Forum**

**Agenda & Minutes**

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| **Title of Meeting:** | West Suffolk Community Inclusion Forum |
| **Date:** | 24th January 2024 |
| **Place:** | Lakenheath Primary School |
| **Times:** | 4:00-5:30pm |
| **Attendees:** | **Chair:** Catherine Fraser-Andrew WSI **Minutes:** Jamie Hudson WSI  Jill Griffiths Senior EP Lysandra Sinclaire-Harding EP Reni Landor EP Susan Hunter EP Amy Web SES Rachel Christmas SES Tracey Pilgrim SES  Pete Southerill Forest Heath Family Support  **Schools**  Long Melford  Castle Manor  Exning  All Saints  St Mary’s  Beck Row  Forest Academy  St Christopher’s  Breckland  Lavenham |
| **Apologies** | Sarah Donnelly, Glemsford Primary School Angela Chappell, Nayland Primary School Hazel Fielder, Acton Primary School Abigail Baker, Newmarket Academy Rebecca Buckle, West Row Academy Kate Gregory, SES C&L Maria Stephens-Row, School Nursing Team Lindsay Eichberger, School Nursing Team |

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| **Topic** | **Main Points** | **To action** |
| **Introduction and welcome** | Introduced by Catherine and Jill  Purpose of CIFs | |
| **Feedback from the last forum**  **Review minutes** | * Commitment to pupils * Promoting send * Supporting relationships with SES | |
| **Workshop:** ‘Therapy vs Therapeutic’ empowering staff and removing barriers to therapeutic approaches. | Aims: to empower you to validate the existing therapeutic practice you offer:  Introduced by Tracey, Jill & Reni   * Mapping provision for supporting pupils with Trauma. * Continuum of Need – explanation * Power Threat meaning framework – a brief introduction. * Trauma responsive classroom | * Dr Karen Treisman – “every interaction is an intervention”.   Examples   * Universal approach – PACE * Targeted approach - manualised therapy “Think good feel good” Paul Stallard * Bespoke therapy - cognitive behavioural therapy) * “The Power Threat Meaning Framework by Lucy Johnstone and Mary Boyle * <https://edpsy.org.uk/blog/2023/using-the-applied-trauma-responsive-classroom-observation-schedule/> |
| **Networking opportunity:** Focussed group discussion about sharing good practice in meeting the needs of children with SEMH needs. | Introduced by Catherine:   * An opportunity for SENCOs to network and share good practice in meeting the needs of pupils with SEMH | Examples:   * Zones of Regulation <https://zonesofregulation.com/> * OPAL <https://outdoorplayandlearning.org.uk/> * Forest Schools <https://forestschoolassociation.org/what-is-forest-school/> * Thrive <https://www.thriveapproach.com/> * ELSA <https://www.elsa-support.co.uk/> * Meet and Greets * Developing toolkits and resilience * Creating a class identity * Drawing and talking <https://drawingandtalking.com/> * Talk and Play <https://speechandlanguage.org.uk/talk-and-play/> * Buddy benches * Peer mediators * Daily mile * Dedicated staff wellbeing days * Supervision for staff * [Observing Children with Attachment Difficulties in School - Kim S. Golding (kimsgolding.co.uk)](https://kimsgolding.co.uk/publication/observation-checklist-series/observing-children-attachment-difficulties-school/) * [Observing Adolescents with Attachment Difficulties in Educational Settings - Kim S. Golding (kimsgolding.co.uk)](https://kimsgolding.co.uk/publication/observation-checklist-series/observing-adolescents-attachment-difficulties-educational-settings/) * [The Simple Guide to Attachment Difficulties in Children by Betsy de Thierry, Emma Reeves | Waterstones](https://www.waterstones.com/book/the-simple-guide-to-attachment-difficulties-in-children/betsy-de-thierry/emma-reeves/9781785926396) |
| **Update on the current Mental Health Offer.** | Therapeutic approaches at school level.  Introduced by Matt Pull | Slides from this presentation can be found online at [Community Inclusion Forums – Suffolk Learning](https://suffolklearning.com/inclusion/community-inclusion-forums/) |
| **Topics for future:** | Introduced by Catherine: | * “To VSEND or not to VSEND” * Creating a shared vision for send across Suffolk * Update from Family Services including advice and guidance. * Easy wins for class teachers in supporting SEND |
| **Venue for next meeting** | Castle Manor Academy, 48 Eastern Avenue, Haverhill, CB9 9JE  Wednesday 20th March. 3.45 arrival for 4pm start, finish by 5.30pm | |
| Please fill in this short feedback form about the Community Inclusion Forums if you haven’t already <https://forms.office.com/e/ANL4kHMAvQ> | | |