

# CETR/DSR Policy refresh 2023

Progress and Impact to date

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# Progress against DSR/CETR standards

- DSR now in place in across Suffolk for CYP with LD and/or A at risk of admission to Tier 4 setting.
- Policy focusses upon an “All Age” approach. We have Under 18’s and over 18’s DSR’s for Suffolk with clear transition arrangements and Navigators working with CYP up to age 25.
- Waveney CYP with N&W ICB and Suffolk East/West with SNEE ICB.
- Close working between ICB’s to share good practice and a consistent approach
- N&W are an “early adopter” site, and are compliant with the DSR standards set out in the policy, specifically self-referral and identifying young people with LD and/or A who may not be known to MH services but may be at risk of needing the DSR. Non DSR cohort supported only two admissions onto the DSR with early intervention approach. 14 admissions to tier 4 avoided.
- Suffolk E & W currently have a Task and Finish Group underway to co-produce with partners self-referral and local website information. Work is ongoing to identify additional resource to support “non DSR” CYP

# Impact

## What's working well

- Admission avoidance – admission avoided for 4 CYP in Suffolk since being added to the DSR, whilst 8 highly vulnerable young people have remained in the community with increased system support
- Health Education and Care system working supported by Navigators to ensure needs being considered across the system
- Membership to DSR calls from all agencies
- All CYP/families on the DSR have a Care Navigator allocated to them.
- CYP considered at risk having CETR's triggered at appropriate points
- Follow up of CETR recommendations by Navigators, linked to DSR system calls
- Use of admission avoidance monies for PHBs for personalised care

# Challenges

- Where YP are diagnosed with LD and/or A in a Tier 4 setting
  - working with Provider Collaborative and local services to ensure these CYP included onto DSR/CETR pathway
- Embedding the early notification and admission avoidance pathway for CYP with MH and LD and/or A
  - Training for clinical teams, focussed support
  - Building networks across health, education and care