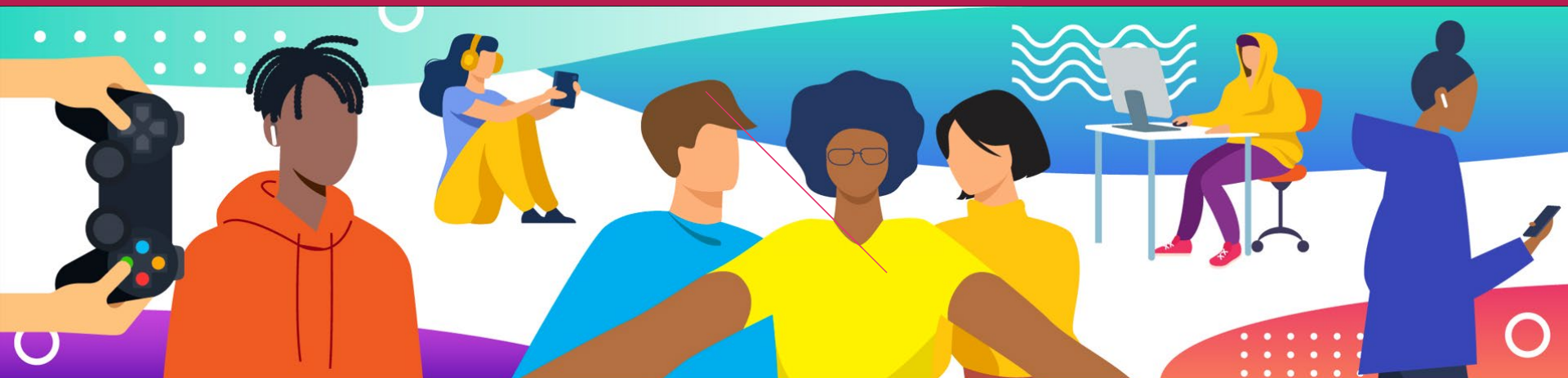


Inclusion Roadshow – Summer 2023

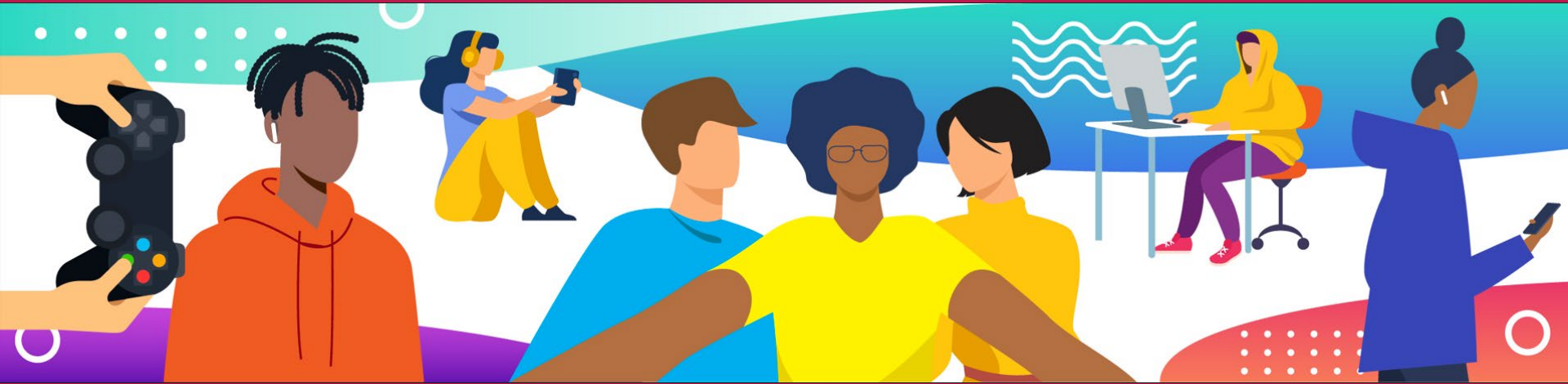
Suffolk County Council and partners



Agenda (9:00-12:30)

Time	Item	Lead
9:00	Welcome	Ros Somerville
9:15	Improving SEND Services in Suffolk	Ros Somerville
10:00	Mental Health: a parent/carer perspective	Sue Willgoss
10:15	Introduction to SENDIASS	Nicki Howlett
10:30	Break	
10:45	Supporting Students with Mental Health Needs: <i>What's available? How do we access it? How do we choose?</i>	
	Wellbeing in Education & Specialist Education Services	Claire Darwin & Izzy Connell
	Psychology in Schools, CAMHS & Mental Health Support Teams	Lauren Moloney (Lowestoft) Amy Alexander & Annie Bryant (Bury) Linda Brindle & Alex Staines (Ipswich)
	Other avenues of support / commissioning updates	Jaime Hawkins, Jamie Mills
12:15	Questions, feedback, thank you	Ros Somerville

Improving SEND Services in Suffolk: Summer 2023 Update



Ros Somerville
Assistant Director for Inclusion, Suffolk County Council

Suffolk SEND Integrated Strategy

“ Working together, we will support all children and young people with SEND to meet their potential and to live active, healthy and fulfilling lives as part of their community.

Children, young people and their families will be listened to, included and empowered. They will have access to the right support, at the right time, by the right people.”

Building on Better: Suffolk's SEND Strategy 2021-23

Our Vision

Working together, we will support all children and young people with SEND to meet their potential and to live active, healthy and fulfilling lives as part of their communities. Children, young people and their families will be listened to, included and empowered, and will have access to the right support at the right time from the right people.

Our SEND Priorities For 2021-23

1

Priority One: Communication

We will:

1. Improve the Local Offer website, enabling easier navigation and search functionality for families.
2. Develop our communication strategy to increase accessibility and visibility for all users, including our use of multimedia communication.
3. Develop our work with the Young Person's Network to continue to improve the way we communicate with young people and ensure their voices are represented.
4. Promote awareness and understanding of SEND and SEN support services amongst families, practitioners and our wider communities.
5. Regularly seek feedback from families, young people and frontline practitioners on all aspects of our communication.
6. Keep young people, families and practitioners informed about the progress we are making across all our priority areas.

2

Priority Two: The Child/Young Person's Journey

We will:

1. Make the SEND journey for children and young people, clear and understandable across education, health and care, from early identification of needs.
2. Embed the Graduated Response across education, health and care to provide timely early intervention and whole school inclusive practices.
3. Ensure that assessments and reviews involve the right people and are completed on time.
4. Ensure that assessment and review reports, including Education, Health and Care Plans are person-centred, specific and understandable.
5. Ensure that children and young people receive the support they need to make progress towards their identified outcomes and ambitions.
6. Strengthen SEND operational practice by developing key roles within Social Care and Health, working closely with SEND and Education leaders.
7. Review and learn from SEND feedback including surveys, complaints, compliments and comments, mediation, Tribunal appeals and Ombudsman outcomes to improve practice across the whole SEND system.
8. Transform the SEND Decision Making Panels and ensure capacity and capability within Inclusion Services to operate effectively.

3

Priority Three: Commissioning and Services

We will:

1. Jointly review our SEND provision to understand demand, identify gaps and plan for future provision across education, health and care.
2. Increase the number of specialist education places available within Suffolk by completing the delivery of the current Suffolk SEND Capital Programme (2020-2024).
3. Complete our redesign of mental health services for children and young people and implement the new model.
4. Complete the development of the neuro-developmental pathway for children and young people and implement the new model.
5. Co-produce a new offer of Care, Education and Treatment Reviews, supported by the Transforming Care Partnership, that is based on a fuller understanding of children and young people's needs.
6. Extend the respite offer for under 18s to include children and young people with disabilities and challenging behaviours who are not currently supported by the Disabled Children's Team.

4

Priority Four: Preparing for Adulthood

We will:

1. Embed high-quality person-centred planning as our approach to transition planning for children and young people with SEND.
2. Empower children, young people and their families to make informed decisions about transitions through good quality advice, guidance and support.
3. Extend the local learning offer for 16-25 year olds to address gaps identified in SEND Sufficiency, with a focus on quality, options and progression.
4. Develop our health offer to better meet the needs of 16-25 year olds, to achieve straightforward, family centred transitions, including for adolescent mental health and those supported by Transforming Care.
5. Develop our social care offer to include care planning and ensure straightforward transitions, taking account of mental capacity and new safeguarding guidelines.
6. Provide good employment/ self-employment support for young people with SEND and potential employers to extend the options leading into work.
7. Develop our Short Breaks for older young people and the support that enables them to develop their relationships and social skills.

What difference will we see as a result of this?

1. Children and young people with SEND will achieve by making progress academically, emotionally and socially.
2. Children and young people with SEND and their families will access services and their communities through the right support at the right time from the right people.
3. Children and young people with SEND and their families will tell us that early years, education, health and care services are meeting their needs.
4. Our children, young people and families will tell us that they trust services across early years, education, health and social care.



Suffolk Local Offer
www.suffolklocaloffer.org.uk



Priority One: Communication

How do we stay in touch? (Click the links for more info)

Schools and Settings

Suffolk Local Offer website – now includes webchat!

Suffolk Learning website

Inclusion Support Line (01473 265502)

Suffolk Headlines

SENCO Bulletin

SENCO Forums

SENCO Central

Roadshows!

Families

Suffolk Local Offer

New EHC Portal

Local Offer News

The Source website

Local Offer Helpline (0345 606 1490)

Time to Listen appointments

Open letters from Senior Leaders

Social Media (Facebook and Twitter)

Partnership working with Suffolk Parent Carer Forum

For more info on accessing any of the above, ask one of the team or email localoffer@suffolk.gov.uk

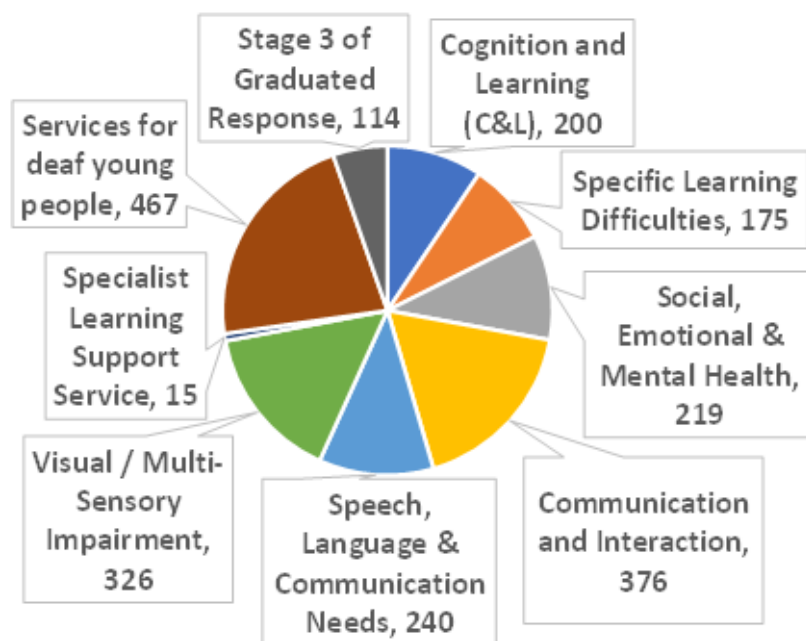
Priority Two: The Child's Journey

What have we done	Next Steps
<ul style="list-style-type: none"> Performance is tracked weekly, shared and scrutinised by SEND Accountability Board and Senior Officers. 	<ul style="list-style-type: none"> Greater oversight through Liquid Logic now that all children have an allocated worker.
<ul style="list-style-type: none"> Suffolk has experienced an increase in EHCNAs and EHCPs in the past 5 years. We continue to seek to reduce the need for these through the resources available as part of the Graduated Response, including VSEND, the Essential SENCO Toolkit, the AANT and more. 	<ul style="list-style-type: none"> The VSEND rollout continues across the county 'What's ordinarily available' is currently being co-produced and will be launched in 2024 The Specialist Education Service are moving to a locality based model in 2024, to enable them to support more schools more quickly.
<ul style="list-style-type: none"> EHCNA decisions: 63% within 6 weeks (May 23). We have improved the timeliness of our advice requests and are working with partners to ensure evidence is high quality. 	<ul style="list-style-type: none"> The recent transition to Liquid Logic will enable us to better monitor when advice is received going forwards.
<ul style="list-style-type: none"> 89% of EHCPs were issued within 20 weeks in 2021, however a shortage of Education Psychologists led to this falling to 21% in 2022. This is a national shortage – at current demand levels we need 13 additional EPs. 	<ul style="list-style-type: none"> We have a specific Recruit & Retention strategy for EPs (3 newly qualified EPs start in Sept 23) We are using locum EPs and Psychology Assistants where possible.
<ul style="list-style-type: none"> Capacity review undertaken. £1.8m additional funding agreed, largely to increase capacity in Family Services. 	<ul style="list-style-type: none"> Continued recruitment to vacancies, and training for new staff.
<ul style="list-style-type: none"> Moved the process for EHCNAs and issuing of EHCPs to Liquid Logic. 	<ul style="list-style-type: none"> Support parent/carers to access the new portal Annual Reviews will begin to be processed through the portal in late 2023.
<ul style="list-style-type: none"> Delivering Better Value project – grant funded by DfE. The aim is to provide focussed support to schools to enable targeted interventions where they are most needed. 	<ul style="list-style-type: none"> Recruitment underway, more info to follow.

Priority Two: The Child's Journey

What support do children and young people receive during their EHCNA and whilst awaiting their final plan

SES Caseload Autumn Term 22/23



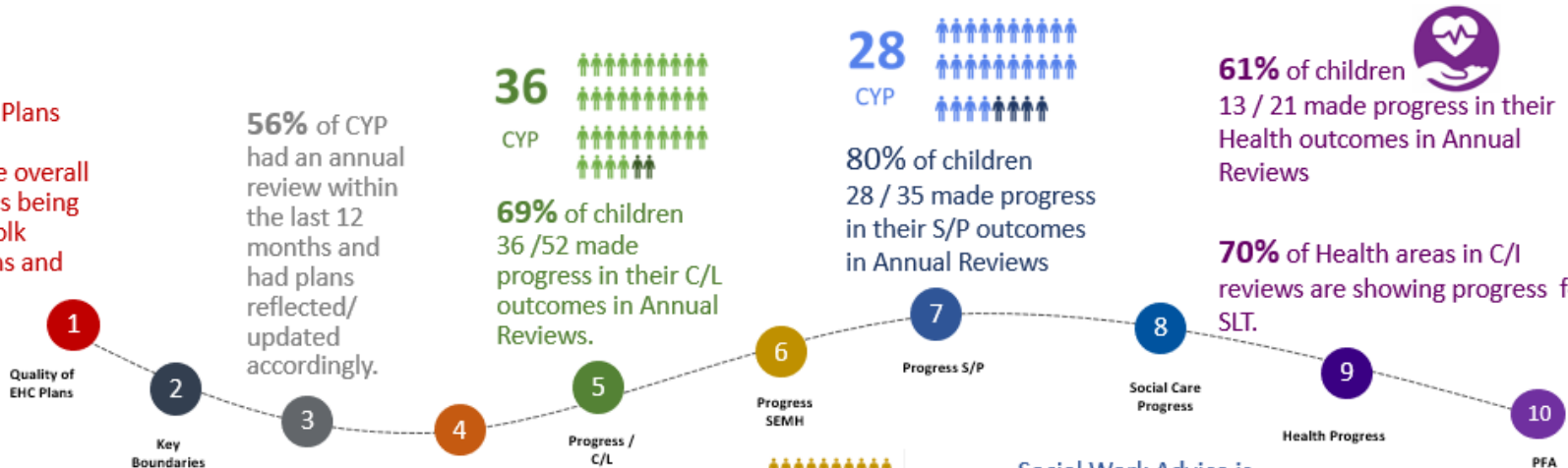
- ✓ Specialist Education Services (SES) provide support to schools across Suffolk this support is for all children and young people with SEND, whether they have an EHCP or not.
- ✓ Whole School Inclusion (WSI) works with schools on a whole school level to ensure that schools are providing inclusive practice to support CYP with SEND.
- ✓ SES & PTS provide Inclusion Support Meetings for schools
- ✓ All schools can contact the Inclusion Support line for advice on sign posting to support CYP with SEND
- ✓ VSEND is currently being rolled out across Suffolk, and is supporting schools to identify CYP needs and how their schools can support.


Priority Two: The Child's Journey

Quality of Education, Health and Care Plans

Audit of 100 plans looking at the most vulnerable groups of CYP with an EHCP

The Quality of EHC Plans reviewed shows an improvement in the overall quality of new plans being written across Suffolk between older plans and newer plans.



- 84% of CYP have their plans updated where they cross key boundaries or as a result of an Annual review. This is consistent in practice approaches in Suffolk. 

56% of CYP had an annual review within the last 12 months and had plans reflected/updated accordingly.

36 CYP
69% of children 36 / 52 made progress in their C/L outcomes in Annual Reviews.

28 CYP
80% of children 28 / 35 made progress in their S/P outcomes in Annual Reviews

61% of children 13 / 21 made progress in their Health outcomes in Annual Reviews

70% of Health areas in C/I reviews are showing progress for SLT.

34 CYP
73% of children 34 / 46 made progress in their C/I outcomes in Annual Reviews

35 CYP
67% of children 35 / 52 made progress in their SEMH outcomes in Annual Reviews.

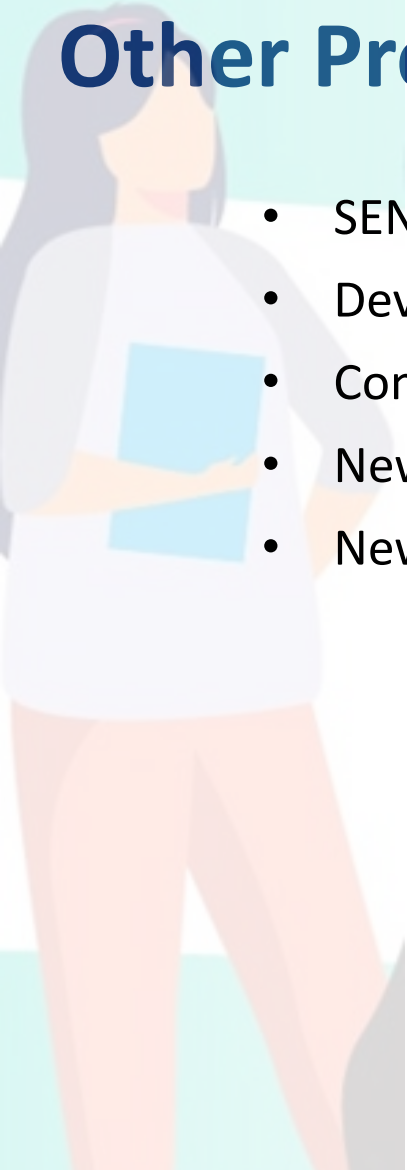
Social Work Advice is found in 78% of plans in the cohort.
59% of children are making Social Care Progress in their AR's.
In 11 cases where progress is unknown SW's not involved in 55% of these AR's.

Of the CYP who are in Year 9 and above 56% have MIAP plans.
The quality of these plans is not fully consistent and further development is needed in 78% of these cases.

Priority Two: The Child's Journey

Other Progress Updates

- SEND Decision-Making Panels – come along and join us!
- Development of Graduated Response & Suffolk Inclusion Toolkit
- Continued rollout of the Valuing SEND (VSEND) programme
- New Education Access Team
- New dedicated EHCNA and Annual Review teams



Priority Two: The Child's Journey

Recording of mental health related absence – DfE guidance

- *“It is important that children and parents/carers do not feel as though their concerns about mental health have gone unheard which is why, as explained in the Working together to improve school attendance guidance, schools must record absences as authorised where pupils of compulsory school age cannot attend due to illness (both physical and mental health related).*
- ***There is no need to routinely ask for medical evidence to support recording an absence as authorised for mental health reasons... In instances of long-term or repeated absences for the same reason, however, seeking medical evidence may be appropriate.”***

DfE Guidance: [‘Responsibilities where a mental health issue is affecting attendance’](#)

Published Feb 2023

Priority Three: Commissioning and Services

Key Area for Development: Access to Mental Health Support

What have we done	Next Steps
<ul style="list-style-type: none">• Mental Health Support Teams for Schools will reach 49% coverage in Suffolk by Jan 24. Primary MH Workers and School Nurses will provide support in areas with no MHST in place.• 50% of coverage by 2024 across Norfolk & Waveney	<ul style="list-style-type: none">• Locality model commenced - three new Mental Health workers in primary care and plans for a further seven.• National funding programme now ended, we await news of additional funding so we can bid for more teams.
<ul style="list-style-type: none">• Online support available via Emotional Wellbeing Gateway website and the Wellbeing in Education pages.• The Emotional Wellbeing Hub (East & West Suffolk, including Barnardo's) and Just One Norfolk (Waveney) provide telephone support. Wait times have reduced considerably over past year.	<ul style="list-style-type: none">• Local Offer website moving to new platform in late 2023, to enable families to find information and advice more easily. Work on the Health section is being co-produced with Health colleagues, parents and carers.
<ul style="list-style-type: none">• Demand and capacity analysis undertaken, and new pathways and co-produced for CYP MH provision as a result• Recovery Plan in place for CAMHS• Additional investment already agreed for 23/24 of £1.2m for NSFT and £0.5m already invested in support from the voluntary sector• From April 23, Thrive model to be embedded into pathways and service specifications for all CYP Mental Health provision. £50K funding secured to roll out training across the system.	<ul style="list-style-type: none">• Support further improvements to reduce recovery time and support activities to reduce vacancies in CAMHS.• On-Going Mental Health Transformation Plan• Full and detailed demand and capacity review of core MH service provision in Waveney is currently underway.• YMCA commissioned to support reduction in CYP waiting lists, which includes in-reach to provide holistic support.• Roll out of Integrated Front Door for mild-moderate needs.
<ul style="list-style-type: none">• CHRIS Crisis outreach team to provide specialist wrap around services for CYP to help stabilise crisis situations and Mental Health nurses recruited to the general hospitals and supported by the Peripatetic Team of VCSE & Care agencies	<ul style="list-style-type: none">• Further embedding of new model to support families in crisis and to review effectiveness.• Additional investment agreed for both crisis services within the last few weeks to grow the services
<ul style="list-style-type: none">• Establishment of system Mental Health Collaborative for Suffolk which does include Waveney	<ul style="list-style-type: none">• Reviewing who is best placed to deliver different levels of service.

Priority Three: Commissioning and Services

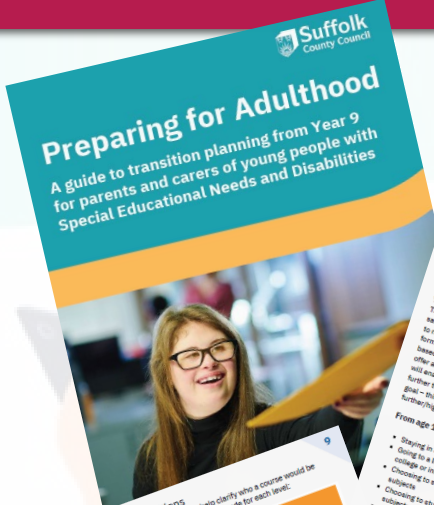
Other Updates

The SEND Capital Programme continues to be on track to deliver 1250 new specialist places between 2022 and 2025.

Following a bid to the Department for Education, Suffolk have secured funding for a new Special Free School to be based in East Suffolk to meet the needs of children with severe learning difficulties (SLD). This is one of only 33 such projects approved across the whole of England.

A working group has been set up to review therapy provision. It is recognised that Suffolk has a shortage of staff for Educational Psychology, Speech and Language Therapists and Occupational Therapists. This is a national problem – we are continuing to recruit as well as using Locum, Assistant and Independent Therapists where possible.

Priority Four: Moving Into Adulthood



Course levels and definitions
Colleges and Post 16 providers use codes to help clarify what a course would be suitable for. Below you can find a description and a code for each level:

CODE	LEVEL	DESCRIPTION
A1-A4	Level 1	Entry 1 (Level 1) or apprenticeship / regular education access course, distance and part-time programmes
L1-L3	Level 2	Entry 2 (Level 2) or Level 2 apprenticeship, work-based learning, distance and part-time programmes
L3-L5	Level 3	Entry 3 (Level 3) or Level 3 apprenticeship, work-based learning, distance and part-time programmes
E1-E3	Level 4	Entry 4 (Level 4) or Level 4 apprenticeship, work-based learning, distance and part-time programmes
E3-E5	Level 5	Entry 5 (Level 5) or Level 5 apprenticeship, work-based learning, distance and part-time programmes
E1-E3	Entry 2	Developing basic independence plus functional English/ maths skills
E3-E5	Entry 3	Developing basic independence plus functional English/ maths skills
E1-E3	Entry 4	Developing basic independence plus functional English/ maths skills
E3-E5	Entry 5	Developing basic independence plus functional English/ maths skills
PE	Pre Entry	Below entry 1

Apprenticeships and Supported Internships

Apprenticeships (Age 16+)
‘Earn as you learn’ apprenticeships combine on-the-job learning with a working environment, allowing young people to experience the workplace and develop their employment skills. Apprentices will receive on and off the job training and will work towards skills for their relevant job role.

Apprenticeships are offered at Intermediate (2), Advanced (3), Higher (4) and Degree (5-7) levels. An apprenticeship is an employed position, so the young person will need to apply through a recruitment process and be successful at an interview. On-the-job training is provided by a manager/mentor, with off-the-job training provided by a training organisation who will visit the workplace - it is not like school/college - you will visit the workplace - an apprentice earns a salary and is classified as employed rather than a student.

Supported Internships
Supported Internships are personalised study programmes specifically for young people aged 16-24 with an EHC plan, designed to enable young people with learning difficulties and/or disabilities to develop the skills they require for workplace. Offered by FE/Sixth form colleges and independent training providers, supported internships offer a combination of time spent learning and time in the workplace. Students have access to a Job Coach who will support them in the workplace and work alongside the tutor whilst students are in college.

Preparing for Adulthood Year 9+ Transitions Guide

New version out this week! The refresh has been co-produced with parent / carers, colleagues from Education, Health and Social Care and other stakeholders.

Supported Internships

We continue to collaborate with Post 16 providers to develop supported internships for young people aged 16-24 who have an EHC plan. These internships comprise a substantial work placement alongside study, facilitated by the support of an expert job coach.

Other Health Resources

NHS Learning disability mental health checks
If you are aged 14 and over and also have a learning disability, you can ask your doctor for a new Annual Health Check.

Ready Steady Go
Some health services use the Ready Steady Go Transition Programme (inspired by the NHS Transition Programme) to support young people with learning disabilities to understand and look after their own health. Find out more about this at www.nhs.uk/ready-steady-go

Find more health resources at www.ehcsuffolk.org.uk



Healthwatch: My Health, Our Future

A programme of work exploring more than 50,000 survey responses from children and young people in Suffolk about their wellbeing.

Key findings in 2022

- Nearly a third felt cheerful rarely or none of the time
- Two in five young people reported moderate to severe anxiety
- 20% of young people felt loved none of the time, or rarely
- A third of young people felt optimistic about the future all the time/often
- A quarter of young people had self-harmed. Half of the young people who reported current self-harm did not know where to find help

2023 survey now open – please support it, to help us gain the data to ensure support is targeted where it's most needed and you know what you can target in your school.

www.healthwatchsuffolk.co.uk/mhof



Thank you for coming!

Slides, handouts and links will follow

If you've got any queries, contact us on
localoffer@suffolk.gov.uk

